



When producing your Art, Design & Technology work remember to always be ***PROUD***

***P
R
O
U
D***

Present your piece of work or homework to a standard which is your very best. Always write in Pen and Draw in Pencil.

Review and correct any errors highlighted; Spelling, Punctuation and Grammar. Make any other improvements suggested.

Organise yourself, always have your basics, Planner, Pens, Pencils, Books. Start your work as soon as possible.

Underline headings and draw straight lines with a ruler.

Demonstrate your highest standard always; don't doodle or graffiti your work



Y7 Food and Nutrition Healthy Eating

1

Firstly choose your desired level of difficulty



= Homework points on completion

2

Plan which tasks you will do and which deadlines you will hand them in on.

3

Make sure you have any resources you will need to complete the homework to the best of your ability.

4

Complete homework on time and hand in to your teacher.

You **must** achieve at least **8** Homework points.

The winner of your class will be awarded a **Young Designer Award**

Design a healthy meal to be served in the school canteen.

Remember to colour and label your design with key ingredients. Also explain how you have made it healthy.



Produce a 10 question quiz.

Produce 10 questions about what you have learnt during your food and nutrition lessons..



Find out what CAD / CAM means

Write a short statement explaining what the letters stand for and how it is used to make products.



Create an information document on Heat Transfer. Conduction, Radiation and Convection

Use a variety of sources to gain understanding. Classroom teaching, Books, Internet, Family and present in a way which would interest Yr6's. It must include a diagram



Cook a Healthy Meal at home with your family.

Take pictures of you making, serving and family eating the meal. In a document explain why the meal is healthy and explain how you made the meal. Ask your family to tell you what they think is good & needs improving



Create a leaflet to send to parents on Healthy eating.

The leaflet must explain to parents why it is important their children eat healthy. Remember to include information on the eat well plate.



Write to the government.

Try and find out the names of the current ministers in charge of health and education) The letter needs to urge the current government to support the requirement of teaching Food and Nutrition in both primary and secondary school.

