



**November 2017**

Dear Parent / Carer

### **The Wellbeing Award for Schools (WAS)**

Newark Academy is working towards achieving the Wellbeing Award for Schools and in order to make sure that we improve the support we offer, we want to understand how well we are currently supporting the emotional wellbeing of our pupils. For this reason, we are inviting pupils at Newark Academy to complete an anonymous survey. Time will be allocated during school hours and this will be communicated to your child through their tutors.

We are asking for your permission to invite your child to complete the survey. If you are happy for your child to do this then you do not have to do anything. However, if you do not want your child to complete the questionnaire then please let the school reception know no later than Friday 1<sup>st</sup> December. If you would like to know more in-depth details about this award, please visit the 'Student Wellbeing' section of the school website.

#### **Why has my child been asked to take part and what will they do?**

The survey has been specially designed for pupils. It is a survey which should take about 15 minutes to complete. The answers your child gives to the questionnaire will not be seen by their friends or teachers - unless your child chooses an adult to help them complete the questions.

#### **What will happen with the information that your child gives us?**

The information from the survey will help our school to identify the current status of emotional health and well-being. All information collected is anonymous and will be kept confidential. The data will be used to put together an action plan to identify and address gaps in current provision.

In addition, we would really value any parental input around emotional wellbeing and mental health to give us yet another viewpoint. Please see below link for your version of the survey (***control & click to access hyperlink if viewing this letter online***). You will be able to access this also on the website [www.newarkacademy.co.uk](http://www.newarkacademy.co.uk) under the 'Student Wellbeing' tab. You could also type the following link into your web browser to access the parent survey.

<https://app.awardplace.co.uk/stakeholder-evaluations/user-survey/5a0c0ffc3dfb>

#### **Anna Freud Well-being Measure Project**

Alongside this award, we will be involved in a 3 year project with the Anna Freud Centre, which will be looking at measuring the well-being of our students – please note that more communication will be sent out about this particular project later on in this year.

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**Student Minds Group**

Newark Academy are working in partnership with Newark Mind to look at setting up a group for students that are living with family members that are struggling with their emotional health and well-being. If you feel your child would benefit from involvement in this group, please contact Mrs Brown directly on 07951 937366 or [abrown@newarkacademy.co.uk](mailto:abrown@newarkacademy.co.uk) – This group will also be working on projects to raise awareness on mental health, which will be a great opportunity to help shape the future of their school community.

If you would like to know more about the work Newark Academy is doing on student well-being, please do not hesitate to contact a member of the Mental Health Change Team as we would truly value input of students and parents alike to ensure a whole school approach on this agenda.

Yours sincerely

**Chris Fisher (School Leader – Pastoral)**  
**01636 615000**

**Newark Academy Mental Health Change Team**  
Chris Fisher (School Leader – Pastoral)  
Katie Vause (school Leader – Teaching & Learning)  
Elaine Rossall (Chair of Governors)  
Lisa Ness (Pastoral Leader)  
Ali Brown (Community Engagement)