

Year Group	SOL	Read	Watch	View
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KS4	R057: Health and Wellbeing for Child Development	Pregnant girl – Nicole Lynn Lewis	One Born Every Minute (Channel 4)	Sexual health services Guide to sexual health services - NHS (www.nhs.uk)
KS4	R058: Create a safe environment and understand the nutritional needs of children from birth to five years	Health and Safety in Early Years and Childcare – Bernadina Lavery and Catherine Reay	BBC iPlayer - Marcus Rashford: Feeding Britain's Children Raising Kids of Junk Food (2020)	NHS Healthier Families Healthier Families - Home - NHS (www.nhs.uk)
KS4	R059: Understanding the development of the child	Calvin – JR Ford	Secret Life of Four Year olds (Channel 4)	Learning through Play Play & Learning - Early Years Matters
KS5	Building Positive Relationships	Me Mam. Me Dad. Me. – Malcolm Duffy	Dignity in Care: SCIE: Dignity in care on Social Care TV	A day in the life of a Care Assistant A day in the life of a Care Home Assistant - YouTube
KS5	Equality, Diversity and Rights	The Help – Kathryn Stockett	Still Alice (2014)	Care Quality Commission Care Quality Commission (cqc.org.uk)
KS5	Anatomy and Physiology	This is going to hurt – Adam Kay	Ambulance – BBC Iplayer	The Health Foundation Postcast
KS5	Nutrition for Health	Ultra-Processed People. Why do we eat stuff that isn't food ... and why can't we stop? - Chris Van Tulleken	Who made Britain Fat: Michael Moseley (Channel 4 on demand)	Nutritional care and older people SCIE: Nutritional care and older people

KS5	Sexual Health	Consent – Annabel Lyon	How to have sex (2023)	How can local health systems work well with people and communities. (Spotify podcasts)
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Read | Watch | View – [Subject]